**WABASHA COUNTY**

**DEPARTMENT OF SOCIAL SERVICES**

**Wabasha County Services Building**

**411 Hiawatha Drive E.**

**Wabasha, MN 55981-1573**

 **Telephone: 651-565-3351**

**Toll Free: 888-315-8815**

**FAX: 651-565-3084**

**Community Resource Booklet**

**After Hours/Crisis:**

Crisis Response Hotline (844)274-7472

Crisis Text Hotline Text “MN” to 741741

Domestic Violence Hotline 1(800)799-7233

Domestic Violence Hotline (Spanish) 1(800)942-6908

Gender Based Violence Hotline (507)457-5610

National Suicide Prevention Hotline 1(800)273-TALK (8255)

Poison Control 1(800)222-1222

Victim Services- Sexual Assault Program (507)289-0636

**Child Care Resources:**

DHS Licensing Information Lookup <http://licensing>lookup.dhs.state.mn.us/

Families First of Minnesota-126 Woodlake Dr. SE, Rochester, MN (507)287-2020 (or)

(800)462-1600

Wabasha County Social Services-Day Care Assistance (651)565-3351

Wabasha County Social Services Child Care Licensing (651)565-3351

**Clothing/Household Needs:**

Annadee’s Closet- 321 Potter St., Red Wing, MN (651)388-7031

* Hours: Tues-Fri: 10a.m.-5p.m., Sat: 10a.m.-2p.m.

Children’s Exchange- 1249 Marion Road SE, Rochester, MN (507)289-6637

* Hours: Mon-Fri: 9a.m.-8p.m., Sat: 9a.m.-5p.m., Sun: 11a.m.-5p.m.

Common Closet Thrift Store- 154 Pembroke Ave. S., Wabasha, MN (651)565-0359

* Hours- Wed: 12p.m.-6p.m., Thurs-Fri: 10a.m.-4p.m., Sat: 10a.m.-2p.m.

Community Clothesline—505 W Broadway, Plainview, MN (507)534-2298

* Hours- Thurs: 1p.m.-7p.m.

Goodwill:

* 1987 Scott Rd. NW, Rochester, MN (507)424-1860
	+ Hours: Mon-Fri: 9a.m.-9p.m., Sat: 9a.m.-6p.m., Sun: 11a.m.-6p.m.
* 239 28th St. SE, Rochester, MN (507)281-9651
	+ Hours: Mon-Fri: 9a.m.-9p.m., Sat: 9a.m.-6p.m., Sun: 11a.m.-6p.m.
* 1450 Gilmore Ave., Winona, MN (507)454-4817
	+ Hours: Mon-Fri: 9a.m.-9p.m., Sat: 9a.m.-6p.m., Sun: 11a.m.-6p.m.

Grace Place- 66 East 2nd St., Winona, MN (507)452-2283

* Hours: Mon-Fri: 10a.m.-5p.m., Sat: 10a.m.-2p.m.

Hometown Resource Center- 1244 Whitewater Ave., St. Charles, MN (507)932-5203

* Hours: Mon-Fri: 9a.m.-4:30p.m.

Once Upon A Child- 1111 Civic Center Dr. NW, Rochester, MN (507)252-5090

* Hours: Mon-Sat: 9:30a.m.-8p.m., Sun: 11a.m.-6p.m.

Pass It On Restore Habitat for Humanity- 118 N Oak St., Lake City, MN (651)345-4901

* Hours- Mon: 10a.m.-4p.m., Thurs: 5p.m.-8p.m., Sat: 9a.m.-12p.m.

Salvation Army

* Red Wing- 509 Plum St. (651)388-9270
	+ Hours: Mon-Fri: 9a.m.-6p.m., Sat: 9a.m.-5p.m.
* Rochester- 201 9th St. SE (507)281-1561
	+ Hours: Mon-Fri: 9a.m.-6p.m., Sat: 10a.m.-5p.m.
* Rochester- 4921 W Frontage Rd. (507)258-6555
	+ Hours: Mon-Fri: 10a.m.-6p.m., Sat: 9a.m.-5p.m.
* Winona- 1443 W. Service Dr. (507)474-2400
	+ Hours: Mon-Fri: 9a.m.-9p.m., Sat: 9a.m.-5p.m.

Savers-1201 South Broadway, Suite B, Rochester, MN (507)536-2564

* Hours: Mon-Sat: 9a.m.-9p.m., Sun: 10a.m.-7p.m.

Winona Volunteer Services Clothes Shop- 402 East Second St., Winona, MN (507)452-9951

* Hours: Mon-Fri: 9a.m.-p.m., Sat: 10a.m.-1p.m.

**Disability Assistance:**

Ability Building Center (ABC)-

 Rochester- 1911 14th St NW (507)281-6262

ARC Southeastern Minnesota-6301 Bandel Road NW, Suite 605, Rochester, MN (507)287-2032

Disability Hub MN-disabilityhubmn.org 1(866)333-2466

Great River Homes- 611 Broadway Ave Suite 105, Wabasha, MN (651)565-4884

Hiawatha Mental Health Center

 Wabasha- 611 Broadway Ave. (651)565-2234

 Winona- 120 E Sarnia St. (507)454-4341

Hiawatha Valley Education District- [www.info@hved.org](http://www.info@hved.org) (507)452-1200

SEMCIL- 2200 2nd St SW, Rochester, MN (507)285-1815

Social Security Administration-

Winona-53 East Third St, Suite 204, Winona, MN 1(800)772-1213

 Rochester-2443 Clare Lane NE, Suite 100, Rochester, MN (877)405-3631

Wabasha County DAC- 611 Broadway Ave., Suite 110 (651)565-3612

Winona DAC- 1721 W Service Dr. (507)452-1798

Winona ORC Industries-Job Development for Disabled Persons-

 1053 East Mark St., Winona, MN (507)452-1855

Work Incentives Connection: How working affects disability benefits

* [www.mnworkincentives.com](http://www.mnworkincentives.com) (651)632-5113 (or)

1(800)976-6728

**Employment Assistance:**

Adult Basic Education/Career Readiness Class (651)565-3559

Choices of SEMN Displaced Homemaker Program-

 1926 Collegeview Rd. E, Rochester, MN (507)280-5517

Experience Works (adults 55+):

* 310 Belvidere Ave, Kellogg, MN (507)767-2253
* 160 Johnson St., Winona, MN (507)452-9018

Express Personnel-

 Red Wing-910 Main, Suite 101 (651)388-6331

 Rochester-2518 North Broadway (507)285-1616

 Winona- 1600 Gilmore Ave. (507)457-3311

Kelly Service (507)282-1584

Manpower-2746 Superior Dr. NW, Suite 320 (507)285-0710

People Ready 394 Elton Hills Dr NW, Rochester, MN (507)286-1064

Workforce Development

 Red Wing- 1606 West Third Street (651)385-6402

 Rochester- 2070 College View Road East (507)292-5152

Wabasha- 222 West Main St. (651)565-2635

**Food Resources:** \*if hours don’t work, call for appointment

Berean Community Church- 3157 Kenosha Dr. NW, Rochester, MN 1(507)289-4179

Channel One Food Shelf-131 35th St., Rochester, MN (507)287-2350

* Hours: Mon-Thurs: 8a.m.-5:45p.m., Fri: 8a.m.-11:45a.m.

Fare For All

* Plainview Church of Christ-205 1st St. NE, Plainview, MN (763)450-3880
	+ Thursday 7p.m.-8p.m.
* Red Wing Church of St. Joseph-435 W. 7th St., Red Wing, MN
	+ 2019 Dates: Jan 8, Feb 5, Mar 5, Apr 2, Apr 30, Jun 4, Jul 9, Aug 6, Sep 3, Oct 1, Oct 29, Dec 3.

Lake City Food Shelf- 600 S. 8th St. (651)345-5888

* Hours: Tues: 1p.m.-3p.m. Thurs: 9a.m.-11a.m.

Mom’s Meals- [www.momsmeals.com](http://www.momsmeals.com) 1(877)508-6667

Plainview-Elgin Area Food Shelf-25 East Main, Elgin, MN (507)876-0112

* Hours- Wed: 10:30a.m.-5p.m.

Red Wing Food Shelf-1755 Old West Main Street, Red Wing, MN (651)388-9302

* Hours: Tues/Thurs: 4p.m.-6p.m., Fri: 11a.m.-1p.m.

St. Charles Food Shelf- 1244 Whitewater Ave. (507)932-5203

* Hours: Mon-Fri: 9a.m.-4:30a.m.

Three Rivers Community Action (Meals on Wheels) - https://www.threeriverscap.org/ 1(800)277-8418

Wabasha-Kellogg Food Shelf- 1200 5th Grant Blvd., Wabasha, MN (651)565-5667

* Hours- Mon: 1p.m.-4p.m., Thurs: 9a.m.-12p.m.

Women, Infant, Children Program (WIC)-

411 Hiawatha Dr. E, Wabasha, MN (651)565-5200

Winona Volunteer Services Food Shelf- 402 East Second St., Winona, MN (507)452-5591

* Hours: Mon-Wed: 9a.m.-5p.m., Thurs: 9a.m.-6p.m., Fri: 10a.m.-5p.m., Sat: 10a.m.-1p.m.

Zumbro Valley Food Shelf: 56817 Hwy 63, Zumbro Falls, MN (507)259-1442

* Hours- Tues: 11a.m.-5p.m., Thurs: 11a.m.-6p.m.

**Housing Assistance:**

211 First Call for Help: https://www.211unitedway.org

CommonBond Communities: https://commonbond.org

Foreclosure Prevention-

 Website-www.mnhousing.gov (651)296-7608 (or)

1(800)657-3769

Home Line: https://homelinemn.org

Housing Benefits 101: https://mn.bh101.org

Housing Link: https://www.housinglink.org

Jeremiah Program –Rochester, MN (507)215-8661

MinnesotaHelp: https://www.minnesotaHelp.info/SpecialTopics/HomelessPeople

Minnesota Housing Partnership: http://www.mhponline.org

Salvation Army- 20 First Ave NE, Rochester, MN (507)288-3663

Southeastern Minnesota Multi-County Housing and Redevelopment Authority-

 [www.semmchra.org-](http://www.semmchra.org-) 134 East 2nd St. Wabasha, MN (651)565-2638

Three Rivers Community Action (507)316-0610

* Faribault Office-Hours: Mon-Fri: 8 a.m-4 p.m

Address: 201 South Lyndale Avenue, Faribault, MN

* Wabasha Office-Hours: Mon-Fri: 8 a.m-12 p.m

Address: 611 Broadway Ave, Wabasha, MN

* Zumbrota Office-Hours: Mon-Fri: 7:30 a.m-4 p.m

 Address: 1414 North Star Drive, Zumbrota, MN

U.S. Department of Housing and Urban Development: https://www.hud.gov/states/minnesota/homeless

USDA Rural Development: 1400 Cannon Cir., Faribault, MN (507)334-2206

Homeless Youth:

MinnesotaHelp: https://www.minnesotaHelp.info/SpecialTopics/Youth

Youth Services Network: https://ysnmn.org

Heating Home Ramsey: https://www.headinghomeramsey.org/where-find-help

**Legal Assistance:**

Attorney General Office 1(800)657-3787

Civil Rights 1(800)657-3704

Law Help Minnesota- www.lawhelpmn.org

Southern Minnesota Regional Legal Services

 Rochester- 903 West Center St., Suite 230 (507)292-0080

 Rochester- 2500 Valleyhigh Dr. NW (507)2895960

Winona- 66 East Third St., Suite 204 1(507)454-6660 (or)

1(888)575-2954

United Way 211 211/(800)543-7709

**Medical Services:**

Bridges Health Clinic (507)457-5129

* 251 Main St., Winona, MN, Thursday 1p.m.-4p.m.
* 402 E 2nd St., Winona, MN, Thursday 2p.m.-5p.m.
* 69 E 3rd St., Winona, MN, Thursday 6:30p.m.-8:30p.m.

Community Health Services Inc.- 1926 College View Rd SE, Rochester, MN (507)529-0503

C.A.R.E. Clinic – 906 College Ave., Red Wing, MN 55066 (651)388-1022

* Hours: Open Tuesdays 4p.m.-8p.m.

Good Samaritan Medical Clinic- 120 North Broadway, Suite B, Rochester, MN (507)529-4100

Mayo Express Care Clinic- Rochester

 North 4221 West Circle Drive NW, Rochester, MN

South 500 Crossroads Dr. SW, Rochester, MN

Minnesota Information & Referral Website- www.minnesotahelp.info

NACO Prescription Drug Program (877)321-2652

 [www.nacorx.org](http://www.nacorx.org)

OMC FastCare Rochester Shopko Stores

 North-3708 Hwy 63 N, Rochester, MN (507)292-7009

 South-2820 South Broadway, Rochester, MN (507)292-7009

Prescription help- St. Elizabeth’s Hospital- Wabasha, MN (651)565-4531

SEMCAC Clinic- 76 W 3rd St., Winona, MN (507)452-4307

St. Elizabeth’s Medical Center and Emergency Room (651)565-4531

St. Elizabeth’s Urgent Care In Wabasha (651)565-5536

Wabasha County Public Health- 411 Hiawatha Ave E., Wabasha, MN (651)565-5200

Winona County Community Care Clinic (507)457-7645

**Dental Service:**

Apple Tree Dental- 973 Skyline Dr. SW, Rochester, MN (507)424-1040

Community Dental- 1926 Collegeview Road SE, Rochester, MN (507)258-4046

Community Dental Care Eastwood- 2120 US-14, Rochester, MN (507)2587934

Family Dentist Tree-1011 Bel Air Ln NW, Rochester, MN (507)288-1188

Good Samaritan Dental Clinic- 120 North Broadway, Suite B, Rochester, MN (507)529-4100

Schoen Family Dentistry- 257 Main St W., Wabasha, MN (651)565-4647

 South County Health Alliance- Dentaquest 1(800)516-2940

UCare- [www.ucare.org/dentalcareforu/pages/default.aspx 1(800)235-0564](http://www.ucare.org/dentalcareforu/pages/default.aspx.........................................1%28800%29235-0564)

**Mental Health:**

**Red Wing:**

Comprehensive Behavioral Health Services (651)388-0051

Fairview Red Wing Behavioral Health (651)385-3260

Fernbrook (651)-212-7429

Hiawatha Mental Health Center (651)327-2270

Katheryn Zoff-Seivert (651)388-6459

Possibilities Therapeutic Services (651)301-1369

**Rochester:**

ABC Therapy (507)536-7662

Associates in Psychiatry and Psychology (507)288-8544

Bluestem Center (507)282-1009

Compassion Counseling Center (507)208-8822

Family Service Rochester (507)287-2010

Highland Meadows (507)288-6978

Lutheran Social Services of Minnesota (507)316-8273

Mayo Clinic Psychiatry (507)266-5100

NAMI Southeast Minnesota (507)287-1692

Nystrom & Associates (507)516-0030

Olmsted Medical Center (507)288-3443

Salvation Army Good Samaritan Clinic (507)529-4100

Transitions (507)288-5818

Zumbro Valley Health Center (507)289-2089

**Plainview:**

Dr. Pamela Peterson (507)421-1064

**Wabasha:**

Hiawatha Valley Mental Health Center (651)565-2234

**Winona:**

Counseling Associates (507)452-5033

Family and Children’s Center (507)453-9563

Hiawatha Valley Mental Health Center (507)454-4341

Winona Counseling Clinic (507)454-3900

**Zumbrota:**

Covered Bridge Family Resources (507)732-4136

**Senior Adult Assistance:**

Catholic Charities MediAPPS- Prescription Drug Assistance (507)454-2270

Elder Network:

* Rochester: 1130 ½ 7th St. NW (507)285-5272
* Winona: 51 W 4th St. (507)452-0580

Mom’s Meals- [www.momsmeals.com](http://www.momsmeals.com) 1(877)508-6667

Meals on Wheels:

* Lake City (651)345-1186
* Plainview/Elgin (507)534-3191 ext. 4
* Wabasha/Mazeppa (800)277-8418

SEMCAC Senior Dining

 Lake City- 221 N. Franklin St. (651)345-5977

 Red Wing- 440 W 5th St. (651)388-9875

 St. Charles- 830 Whitewater Ave. (507)932-4072

 Wabasha- 730 W. 6th St. (507)459-5766

 Winona- 165 E 4th St or 104 Main St. (507)429-4211

 Zumbrota- 93 E 4th St. (507)732-5086

Senior Linkage Line/prescription Drug Help 1(800)333-2433

Senior Citizens Legal Service- 66 East 3rd St., Suite 204, Winona, MN (507)454-6660

Social Security Administration-

Winona-53 East Third St., Suite 204, Winona, MN 1(800)772-1213

 Rochester-2443 Clare Lane NE, Suite 100, Rochester, MN (877)405-3631

Live Well At Home- [www.mnlivewellat](http://www.mnlivewellat)home.org

Senior Center Rochester 125 LIVE (507)287-1404

**Transportation Assistance:**

All New Directions, Inc. (assisted transportation only) (507)218-8382

Alternative Transportation (507)289-2012

Blue Ride (members with Blue Plus) 1(866)340-8648

Handi Van (507)3600 (or)

1(877)281-2672

Hiawathaland Transit 1(866)623-7505

Olmsted County Volunteer Drivers (507)328-6400

R and S Transport (507)289-5080

Rochester Bus Company (507)289-8950

SEMCAC transportation (48-hr notice needed) 1(800)528-2432

South Country Health Alliance Ride Connect 1(866)-567-4817

Sunset Mobility (assisted transportation only) (507)322-8055

Vantastic Transit (507)-272-4901

UCARE Transportation

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| --- |
| Call Health Ride: 612-676-6830 or 1-800-864-2157 toll free or Call Customer Services: 612-676-3200 or 1-800-203-7225 toll free  |

ZIPS (Zumbro Independent Passenger Services) (507)288-8404

**Utility Assistance:**

FreePhoneMN Website- [www.freephonemn.org](http://www.freephonemn.org)

Minnesota Telephone Service Discount Program 1(800)657-3782

Salvation Army Heat Share 1(888)999-1567

Three Rivers Community Action (Energy Assistance Program) (507)316-0610
(Services Faribault, Wabasha, and Winona)

**Veterans Services:**

MN Dept. of Veteran Affairs https://mn.gov/mdva

Wabasha County Veteran Services (651)565-3864

Veterans Affairs Medical Center Minneapolis- [www.minneapolis.va.gov](http://www.minneapolis.va.gov) (612)725-2000 (or)

(866)414-5058

Veterans Affairs Rochester (507)252-0885

Veteran Linkage Line 1(888)LINKVET (or)

1(888)(546-5838)

Federal VA Regional Office- [www.va.gov](http://www.va.gov) 1(800)827-1000

**Recovery Resources:**

Common Ground

* 1027 7th Street NW, Suite 207, Rochester, MN 55901 (507) 281-0023
* 174 Main St., Winona, MN 55987 (507) 281-0023
* 111 Hill St., Red Wing, MN 55066 (507) 281-0023

Empower

* 602 11th Avenue NW #300, Rochester, MN 55901 (507)292-1379
* 848 17th St E #5, Wabasha, MN 55981 (507)292-1379

Fountain Centers

* 408 W. Fountain St., Albert Lea, MN 56007 (507)377-6411 (or)

800-533-1616 (toll free)

* 101 14th Street NW, Austin, MN 55912 (507)434-1890

Gables

* 604 5th Street SW, Rochester, MN 55902 (507)282-2500 (locally)

(or) 1-800-GABLES-0

MN Adult and Teen Challenge

* 1530 Assisi Dr NW, Rochester, MN 55901 (507)218-3440

Recovery is Happening

* 25 16th St. NE, Rochester, MN 55906 (507)218-4773

**Other:**

Haven of Hope, Domestic Violence Hotline 1(800)369-5214

Hope Coalition Sexual Assault Hotline 1(800)519-6690

Reporting Child Maltreatment (Wabasha County) (651)565-3351

Reporting Vulnerable Adult Maltreatment 1(844)880-1574

Online Form: <http://www.mn.gov/dhs/reportadultabuse/>

Woman’s Advocate (651)227-9966

**Helpful Websites:**

ApplyMN: Apply for Cash, Food, and Emergency Assistance <https://applymn.dhs.mn.gov>

MNSure: Minnesota’s Health Insurance Marketplace http://www.mnsure.org/

Three Rivers Community Action <https://www.threeriverscap.org/>

Southeastern Minnesota Multi-County Housing and Redevelopment Authority <http://www.semmchra.org>